



Bodywork Professional Development

Reiki Healing I + II - 2 x 1 day – with Richard Hogg

Reiki healing is a simple yet effective form of energy healing that can help ease mental stress whilst supporting emotions and physical energy. Learning Reiki 1 introduces you to self-healing and empowers you with the skills and awareness to practise healing on family and friends. Reiki can be safely used in pregnancy; with medication; with children, babies and pets. Among many other issues, Reiki can help with:

- insomnia
- anxiety
- fluctuations in energy levels
- relaxation of body and mind
- focus and concentration
- a sense of wellbeing

Reiki Healing – level 1

The 1 day course teaches you how to practise Reiki whilst seated or lying down (therapy bed). Hand positions are also shown for self healing. The cost includes a full day of training, attunement to Reiki 1 energy and course manual.

Dates: Sunday 30th April 2017, 9am-5pm

Location: Edinburgh Academy Junior School

Cost: £120

Reiki Healing – level 2

Level 2 Reiki is for anyone who wishes to learn Reiki to practise at a professional level as a Reiki therapist. Entry requirements are completion of Reiki level 1 training. This training teaches you how to work with the mental and emotional levels of Reiki, allowing healing energy to work with addictions and phobias or any other anxiety related issues.

Reiki 2 training includes case study assessment. The cost includes a full day of training, attunement to Reiki 2 energy, course manual and case study assessment. On completion of this you will receive a Reiki 2 Certificate for insurance purposes.

Dates: Sunday 14th May 2017, 9am-5pm

Location: Edinburgh Academy Junior School

Cost: £150



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Date	Workshop being attended	Cost
30 April 2017	Reiki I	£120
Venue	Edinburgh Academy Junior School, 10 Arboretum Road, Edinburgh EH3 5PL	
Each course requires a non-refundable deposit of £60.00 Full payment/balances should be received no later than 28 days before the course date.		
Please Note – Workshop participants should bring the following, (where practicable) <input type="checkbox"/> I am bringing a couch (Please tick all that apply) <input type="checkbox"/> I am bringing pillows, bolster and towels <input type="checkbox"/> I require information on B&B Please advise us by email if you have any special needs.		

Personal Details

Name:	Name on Certificate:
Address:	
	Postcode:
Tel No:	Email:
Payment amount:	Signature:

Payment by <u>cheque</u> made out to:	Richard Hogg,
Send to:	30 Hendrie Crescent, East Wemyss, Kirkcaldy, Fife, KY1 4LF
By <u>Bank Transfer</u>:	Richard Hogg, Sort code: 07-01-16 Account no: 40420551
Please add '<u>Reiki--your surname</u>' as a reference so we can identify your fees and what they are for, email us to let us know when you have processed your payment.	
Please email us this completed booking form. Thanks!	



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Date	Workshop being attended	Cost
14 May 2017	Reiki II	£150
Venue	Edinburgh Academy Junior School, 10 Arboretum Road, Edinburgh EH3 5PL	
Each course requires a non-refundable deposit of £75.00		
Full payment/balances should be received no later than 28 days before the course date.		
Please Note – Workshop participants should bring the following, (where practicable)		
<input type="checkbox"/> I am bringing a couch (Please tick all that apply) <input type="checkbox"/> I am bringing pillows, bolster and towels <input type="checkbox"/> I require information on B&B		
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Personal Details

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